Childbirth Educator Workshop for Certification with CAPPA

Training Date(s):

Childbirth Educator Training

Date(s) ______________________________

Sponsored by:

Doula Services, Inc.
Marlo D. Robinson, CCE, CD (DONA International & CAPPA), BSN, RN, ESQ.
Phone: 954-433-CARE (2273)
Fax: 954-438-3732
Email: momsdoula2@bellsouth.net
www.mothersdoula.com
www.facebook.com/motherscare

Training held at:
Mother’s Care Wellness Center
10940 Taft Street
Pembroke Pines, FL 33026

About the Childbirth Educator Workshop

Candidates taking this course to become a CAPPA-certified childbirth educator will cover the following topics: the history of CBE, role of the CBE, adult learners/theories of learning, teaching nutrition and exercise, teaching stages of labor, pain in labor/theories of pain, stress in labor, labor tools, birth plans, comfort measures/relaxation, teaching organizing your classes and promoting childbirth classes. Participants must pass an open-book examination provided and reviewed by CAPPA to become a certified childbirth educator. The open-book examination will be mailed by CAPPA when the certification package is purchased. (Can be purchased in class.)

Required Reading:
The textbook *Childbirth Education: Practice, Research and Theory* by Nichols and Humenick is available from the publisher on their website at www.us.elsevierhealth.com or 1-800-545-2522 or you may purchase this text from a local bookstore or amazon.com.

See the CAPPA website at www.cappa.net for additional books to choose from for your recommended reading requirement and the pre-workshop study guide which must be completed prior to the start of class.

You do not have to have read all of the recommended reading prior to attending the Childbirth Education Workshop. However, the Workshop combines learning and critical thinking skills. The more you have read, the more prepared you will be for the Workshop.

The course manual will be supplied. CAPPA membership is required and costs $45/1 year and $80/2 years and CAPPA certification packets ($35) will be available for purchase.

Both are required to become certified as a childbirth educator.

About the Trainer:

Marlo Robinson has been a Childbirth Educator, Registered Nurse and Doula for 20+ years. Marlo is the founder and owner of Mother’s Care Doula Services, Inc. the largest and most established doula and childbirth company in South Florida. She is a DONA International-certified labor doula and is a CAPPA-certified postpartum doula.

Cancellation and Rescheduling Policy

If you wish to cancel your registration you are not entitled to a cash refund. However, as a courtesy, we will allow you to apply your payment toward any future training within one (1) year from the date you cancel. Your payment is transferable. The trainer reserves the right to reschedule the workshop if less than 4 registrants confirm attendance prior to the start of the workshop. Please note that if you do not attend and you do not cancel as described above, you are responsible for the entire payment.
MOTHER’S CARE strives to be an education center of excellence and works to assist Doulas and Childbirth Educators in training and in meeting their certification requirements while receiving support from our experienced staff. To that end we offer our Mentorship Program which will provide you with some of the necessary components for certification following the 2-day Birth Doula Workshop.

**MENTORSHIP PROGRAM PRICES:**

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Birth Client for Certification</td>
<td>$100.00</td>
</tr>
<tr>
<td>Observe Childbirth Course</td>
<td>$65.00</td>
</tr>
<tr>
<td>2 Teaching Hours in a MCDS Childbirth Course</td>
<td>$80.00</td>
</tr>
</tbody>
</table>

**- OR –**

**Mentorship Package** $200.00

- 1 Birth Client for Certification
- Observe 2 Childbirth Classes (10 hrs)
- 2 Teaching Hours (30 min Segments) in a MCDS Childbirth Course (Plus additional time allotted for feedback regarding teaching techniques)
- Support and Mentoring from MCDS Certified Staff

In order to fulfill the CAPPA requirements for Childbirth Classes Observed and Teaching hours, trainees who participate in Mother’s Care’s Mentorship Program must attend a total of 6 MC Classes.

- 2 Class – Observe
- 4 Classes – Teach 30 minute Segments

Segments will be selected by the Childbirth Educator.

**When you register for the Mentorship Program, Mother’s Care will send you a list of class dates to attend.**

**SELECT:**

- [ ] Childbirth Educator Workshop ONLY
- [ ] Mentorship Program

**PRINT CLEARLY**

**REGISTRATION FORM**

Training Dates: ____________________________

Price ______

☐ Mentorship Program Price ______

**TOTAL CHARGE ______________**

Name: ____________________________

Email: ____________________________

Address: ____________________________

City: ____________________________

State/Prov: __________ Zip Code: ______

Phone: (h) ______ (w) ______

**Credit Card Orders:**

(Total amount of form to include a 5% convenience charge for all credit card orders.)

I hereby authorize Mother’s Care to charge my (please circle one) MC, Visa, AMEX

CC # ____________________________

Exp. Date: __________

3 or 4 Digit Security Code ____________________________

(On BACK of MC/Visa and FRONT on AMEX)

Name on Card: ____________________________

Signature: ____________________________ (please print)

Return via: Email, Fax, or U.S. Mail

Fax# 954-438-3732

Mother’s Care Doula Services, Inc.

2114 N. Flamingo Road, Suite 1261

Pembroke Pines, FL 33028

Return via: Email, Fax, or U.S. Mail

Email – momsduola2@bellsouth.net

Fax# 954-438-3732

Mother’s Care Doula Services, Inc.

2114 N. Flamingo Road, Suite 1261

Pembroke Pines, FL 33028